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## Trainer's Kits

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Personality training material that your participants will remember, integrate, and use!

You won't believe your eyes when you get your hands on these trainer's kits developed by Mary Miscisin, a personality specialist with over 30 years of experience facilitating wellness programs, an avid temperament researcher, university instructor, qualified MBTI administrator, and recognized expert in the health and wellness field.

Mary collected participant responses from workshops and online surveys conducted over three decades and developed these powerfully effective training programs which utilize the findings of her research.

These training programs follow Mary's preferred training methodology of "audience as experts". The activities in these trainer's kits have been designed to promote opportunities for audience members to be the "expert" of their particular style. The facilitator simply lays the groundwork for participants to take on the role of explorers, investigating their own preferences and recognizing the inherent connections between communication, stress, and personality.

Each kit in this series of trainer's kits correspond to one of the three main sections of Mary Miscisin's *Personality Lingo* book.

With a focus on the core values, what brings out the best, and what brings out the worst in each personality style, the *Personality Lingo Basic Training Trainer's Kit* corresponds to the *Style Watching* section of the book which focuses on how to identify the personality styles. It covers the main traits, strengths, core values, common misconceptions, and how to relate to each of the styles.

With a focus on communication preferences, communication challenges, and tactful approaches to interacting with each style, the *Personality Lingo Effective Communication Trainer's Kit* corresponds to the *Communicating across the Styles* section of the book which describes communication

approaches, provides tips for communicating with, and how to enhance interactions for each of the styles.

With a focus on identifying stressors, stress responses, hindlers, and helpers for each of the styles, the *Personality Lingo Navigating Stress Trainer's Kit* corresponds to the *Styles Under Stress* section of the book which looks at stress triggers, characteristics under stress, and strategies to alleviate stress for yourself and others.

## Empower your participants to build a work culture that honors differences.

These kits are ideal for in-house trainers and freelance speakers alike. Empower individuals with a fundamental understanding of the personality styles and tools for navigating the personality dynamics encountered every day at work and at home.

Whether you are new to personality training or already have a favorite personality training system you will find the concepts in these personality training kits easy to use.

List Prices:

- ▶ **Basic Training Kit \$795**
- ▶ **Effective Communication Kit \$895**
- ▶ **Navigating Stress Kit \$595**

Leverage the expertise of Mary Miscisin and use the insights gained in these trainer's kits to become the trainer that is in-demand.

Certification is not required! You can buy a Personality Lingo® Trainer's Kit and start using the material that same day. Even better, you receive duplication rights to participant handouts. That's right, invest once & you're done.

Once you are familiar with the Basic Training program, you may elect to demonstrate your understanding of the material and how it relates back to Carl Jung's original psychological type theory and David Keirse's Temperament Theory by taking the Personality Lingo Qualification Exam.

Learn more: [www.personalitylingo.com/personality-lingo-qualified-presenter](http://www.personalitylingo.com/personality-lingo-qualified-presenter)